

**ST6 Waypoint Checklist For:**

**Complete by trainee: in Microsoft Word and then print out for ARCP panel**

**Breadth of experience:** *Please check (by clicking in box) the sub-specialty areas you have covered in 4y to date*

*Spine* *Hand/wrists*  *Shoulder/Elbow* *Paediatrics**Hip**Knee* *Foot & Ankle* *Trauma*

**Operative Experience:**

Number of Emergency/Trauma cases in 4 y to date  Number of elective cases in 4 y to date

**Index Procedures:** *from e-logbook report*

Major joint Arthroplasty  Arthroscopy  Osteotomy  Nerve decompression Compression hip screw

Hip hemiarthroplasty  External fixation  Plate fixation  Tension Band Wiring  IM nailing

Tendon repair (all) K wire fixation Children’s displaced supracondylar

**Numbers of Work Place Based Assessments in last 4y (ST3 – ST6):**

**PBA/DOPS:**       **CEX:**       **CBD****:**       **MSF:**       **DOPS in casting**

**Critical conditions:** *Please check (by clicking in box) the critical condition CBDs you have done*

**1.**Compartment syndrome (any site).  **2.** Neurovascular injuries (any site).  **3.** Cauda equina syndrome  **4.** Immediate assessment, care and referral of spinal trauma.  **5.** Spinal infections  **6.** Complications of inflammatory spinal conditions.  **7.** Metastatic spinal compression.

**8.** The painful spine in the child.  **9.** Physiological response to trauma.  **10.** The painful hip in the child.  **11.** Necrotising fasciitis  **12.** CEX major trauma  **13.** Primary & secondary bone malignancy  **14.** Diabetic foot

**Audit / Research / Study Leave**

How many audit projects (against a clear standard) have you done in last 4y?

Name one in which the audit loop closed

Have you undertaken a GCP course that is current & valid?

Have you undertaken research methodologies training/completed a research methodologies course?

Have you undertaken journal club activity/literature review?..........................................................................................

How many posters and presentations of work in the last 4y?

How many research projects have you got underway at moment?

ATLS® valid until

How many days of study leave have you taken in the last 4y?

How was this used? # days courses       # days Exam prep private study       # days other e.g.prof lve.

Have you done or do you have plans for Leadership & Management courses?

**Sign off by ARCP panel – using appropriate professional judgement**

**Breadth of experience:**

Covered 6 subspecialty areas 🞏

**Operative Experience:**

Overall volume: averaging 300 cases per year 🞏

Index Procedures: ~66% of way to most indicative numbers 🞏

[Carpal tunnel decompression (30) knee arthroscopy and arthroscopic procedures (40) TKR (40) 1st ray surgery (20) THR (40) DHS (40) hemiarthroplasty (40) external fixation (5) Weber B ankle (40) Tension Band Wiring (10) IM nailing (30) tendon repair (all) (20)]

Trauma elective split last 4y appropriate for jobs and heading towards ~ 33%:66% 🞏

Logbook shows appropriate proportion of supervised cases in subspecialty areas 🞏

*(i.e. not just assisting)*

**Work Place Based Assessments:**

Using full range of WBAs with appropriate balance*(50% procedure based:50% other)* 🞏

1x MSF / year 🞏

Numbers in region of 40/year over last 4 years 🞏

Is showing progression in PBAs with some primary PBAs at level 4 🞏

Has encouraged formative feedback in all WBAs 🞏

Is spreading WBAs over attachments 🞏

**Critical conditions:**

Has recorded CBDs in **ALL** of the critical conditions 🞏

**Audit/Research/ Study Leave:**

Has undertaken 4 audit projects 🞏

Has 1 audit project with loop closure 🞏  
Has undertaken a GCP course 🞏  
Has undertaken research methodologies training/completed research methodologies course 🞏  
Has undertaken journal club activity or literature review 🞏  
1 presentation / Poster & 1 submission to peer reviewed journal 🞏  
Reasonable prospect of publication in next year 🞏  
1 other project underway and likely to lead to presentation and publication 🞏  
ATLS® in date & L&M courses done or planned 🞏  
Good attendance at core curriculum & has otherwise made full use of study leave 🞏