**SAC in Urology**

**ST4 ARCP Waypoint Checklist**

***This waypoint checklist must be completed by the trainee and included within their ISCP portfolio (‘other evidence’ – ‘miscellaneous’) as supporting information for all ARCPs during ST3 & ST4 training years, to facilitate review by the TPD, SAC LM and ARCP panel.***

Trainee Name: ­­­­­­­­­­­­­­­­­­­ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Trainee NTN: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Training Programme: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Expected CCT date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date of ARCP: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Training Unit ST3: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Training Unit ST4: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. **Workplace Based Assessment:**

* WBA progress - numbers in Training (ST3+):

|  |  |
| --- | --- |
| **Year of Training** | **Number of WBAs in Year** |
| ST3 |  |
| ST4 |  |
| **Total** |  |

*Note – indicative number of 40 validated WBAs required in every year of training*

* Distribution of total WBAs:

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **CBD** | **CEX** | **PBA** | **DoPs** | **AoA** | **Observation of teaching** |
| **Number:** |  |  |  |  |  |  |

1. **Operative Experience & Competencies:**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Procedure | ST4 Indicative number | Expected  PBA Comp  Level | **Logbook number achieved** | **PBA competency achieved** | PBA Comp level at CCT | CCT Total |
|  |  |  |  |  |  |  |
| Flexible Cystoscopy | 150 | 4b |  |  | 4b | 300 |
| Urodynamics | 30 | 4a |  |  | 4a | 50 |
| TRUS & Biopsy | 30 | 4a |  |  | 4b | 50 |
| LUTS Procedures inc TURP | 60 | 3b |  |  | 4b | 120 |
| TURBT | 60 | 3a |  |  | 4b | 120 |
| Adult circumcision | 20 | 3b |  |  | 4b | 30 |
| Scrotal Procedures | 30 | 3b |  |  | 4b | 50 |
| Inguinal Orchidectomy |  |  |  |  | 4b | 5 |
| Ureteroscopy | 30 | 3b |  |  | 4a | 50 |
| PCNL |  |  |  |  | 2b | 10 |
| ESWL |  |  |  |  | 2b | 10 |
| Laparoscopic/Open Nephrectomy |  |  |  |  | 2b | 20 |
| Radical prostatectomy |  |  |  |  | 1b | 10 |
| Cystectomy |  |  |  |  | 1b | 10 |
| Andrology - PDS surgery, penile cancer, prosthetics | 5 | 2b |  |  | 2b | 20 |
| Female urology – TOT, TVT, Colpo, Botox (inc male sling) | 10 | 2a |  |  | 2b | 20 |
| Paediatric urology | 10 | 2b |  |  | 2b | 20 |
| Ileal Conduit |  |  |  |  | 2b | 10 |

1. **Clinical Skills & Experience:**

*(Judgement regarding clinical skill competencies should be based on WBA evidence relating to critical conditions as well of judgements/overviews provided within CS & AES reports)*

* Critical Conditions:

ST4 waypoint – on completion of ST4 the trainee should have:

* + Knowledge - CBD evidence of trainee knowledge at level 4 against all of the following critical conditions
  + Clinical Skills - WBA evidence of required clinical skills in the management of critical conditions – these supplement the knowledge element and should be a priority for trainees when they are involved in the management of patients with these conditions. **Trainees should have WBA evidence of competency in the clinical skills relating to at least 5 of these conditions**.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Critical Condition** | **Knowledge** | | **Clinical Skills** | |
| **CBD yes/no** | **CBD Competency level** | **WBA yes/no** | **Competency Level** |
| Renal Trauma |  |  |  |  |
| Iatrogenic bladder injury |  |  |  |  |
| Iatrogenic ureteric injury |  |  |  |  |
| Septic or shocked patient including infected obstructed kidney |  |  |  |  |
| HPCR |  |  |  |  |
| Penile emergency – priapism or fracture |  |  |  |  |
| Acute scrotum/torsion |  |  |  |  |
| Ureteric obstruction |  |  |  |  |
| Pelvic fracture & urethral injury |  |  |  |  |
| Fournier’s Gangrene |  |  |  |  |
| TUR syndrome |  |  |  |  |
| Post TURP Bleeding |  |  |  |  |
| Spinal cord compression/injury/cauda equina including autonomic dysreflexia |  |  |  |  |
| The Acute Abdomen |  |  |  |  |
|  |  |  |  |  |

* **Paediatric Urology Experience:**
  + Number of days of paediatric Urology experience:

*(All trainees must provide evidence of either a 3 month placement, or, a minimum of 40 days/80 sessions of paediatric urology experience during ST3 to ST7).*

**

1. **Formal Knowledge Assessment:**

|  |  |  |
| --- | --- | --- |
|  | ST3 | ST4 |
| Mock FRCS(Urol) |  |  |
| EBU |  |  |

Planned date of FRCS(Urol) part 1:

1. **QI**

* At CCT trainees should have evidence of:
  + 3 audits, 1 of which must be a completed cycle
  + 1 QI Project

At the ST4 waypoint trainees must have **completed** at least 1 full audit cycle or QI project.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Project Title** | **Completed** | **Output** | **Cycle complete** – yes/no | **Assessment of Audit WBA** – Yes/no |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |

1. **Research**

*Trainees should complete GCP e-learning during ST3 and keep this updated throughout training to support their involvement in clinical research*

|  |  |  |
| --- | --- | --- |
|  | Yes/No | Date |
| GCP – valid (renewable every 3 years) |  |  |

* **Presentations:**

ST4 waypoint – trainees should have delivered at least 2 presentations during their ST3+ training, both as first author

|  |  |  |  |
| --- | --- | --- | --- |
|  | Local/Departmental | Regional | National/International |
| Poster |  |  |  |
| Podium |  |  |  |

* **Peer reviewed Publications (PrP):**

ST4 waypoint – trainees should have completed at least 1 PrP or literature review, being mindful of the following minimum standards required for CCT:

* 2 first author publications in peer reviewed journals
* Or, 1 first author paper and 1 first author systematic review/meta-analysis in peer reviewed journals
* Or, 1 first author paper and 2 collaborative authorship papers in research in peer reviewed journals
* Or, 1 first author systematic review/meta-analysis and 2 collaborative authorship papers in research in peer reviewed journals

|  |  |
| --- | --- |
| Number of PrP – 1st Author |  |
| Number of PrP – author any position |  |
| Number of Literature reviews – 1st Author |  |

* **Research Projects:**
  + **Projects completed:**

Title & Outcomes for each

* + **Projects in progress:**

Title, progress & timescale for completion

* **Recruitment to Multicentre Trials**: (provide details and numbers personally recruited – requires evidence):
* **Higher Research Degree**: yes/no

Detail of Research degree:

1. **Professional & Leadership Skills:**

* **WBA evidence in professionalism or leadership domains**: yes/no

e.g. leading the ward round, breaking bad news, delivering clinical supervision, ethical scenario

1. **Multi-source Feedback:**

*Trainees must provide MSF evidence within every year of training, including a record of facilitated reflection on the feedback*

MSF undertaken in ST4: yes/no

Evidence of reflection on MSF: yes/no

1. **Teaching & Education:**

* Evidence of delivering teaching: yes/no

Feedback on teaching: yes/no

WBA observation of Teaching: yes/no

1. **Study Leave, Courses & Conferences:**

* Number of days study leave taken in ST4:
* Attendance at Regional Teaching: \_\_\_\_% (70% minimum requirement)
* Urology Specific Courses attended in ST3 & ST4:
* Conferences attended in ST3 & ST4:

*(Trainees are required to attend at least one national/international congress every two years.)*

1.

2.

**Conclusion & ARCP Outcome:**

*(A judgement must be made as to whether the trainee is ‘on track’ to achieve the required CCT competencies. This will recorded within the ARCP outcome within the trainee’s ISCP portfolio)*

**Actions required & specific training requirements:**

*(A SMART action plan must be recorded within the ARCP outcome within the trainee’s ISCP portfolio)*